

OUR MISSION

The Pentucket Regional School District seeks to inspire its students with a love of learning and to enable them to develop their academic potential and individual talents in an atmosphere that cultivates independent thinking. We will prepare our students to develop respect for others and to be responsible citizens of a global society.

OUR VALUES

Respect
Accountability
Integrity
Opportunity

Schools in the Pentucket Regional School District are dedicated to providing an up-to-date and challenging curriculum at each grade level. These curriculum brochures represent an overview of the comprehensive competencies at each grade level and in each subject and/or specialist area. Students and parents are able to review the rich curriculum offered in our District.

Pentucket Regional School District does not discriminate on the basis of race, color, religion, national origin, gender, sexual orientation, disability, or age.



Dr. Frederick N. Sweetsir School
104 Church Street
Merrimac, MA 01860
Tel: 978-346-8319/Fax: 978-346-7844
Grades Pre K-2

Helen R. Donaghue School
2 Union Street Extension
Merrimac, MA 01860
Tel: 978-346-8921/Fax: 978-346-7839
Grades 3-6

Dr. Elmer S. Bagnall School
253 School Street
Groveland, MA 01834
Tel: 978-372-8856/Fax: 978-521-8956
Grades Pre K-6

Dr. John C. Page School
694 Main Street
West Newbury, MA 01985
Tel: 978-363-2671/Fax: 978-363-2234
Grades Pre K-6

Pentucket Regional Middle School
20 Main Street
West Newbury, MA 01985
Tel: 978-363-2957/Fax: 978-363-2720
Grades 7-8

Pentucket Regional High School
24 Main Street
West Newbury, MA 01985
Tel: 978-363-5507/Fax: 978-363-2730
Grades 9-12

Central Services
Office of the Superintendent
Office of the School Committee
22 Main Street
West Newbury, MA 01985
Tel: 978-363-2280/Fax: 978-363-1165

Visit us online @ www.prsd.org



MIDDLE SCHOOL AND HIGH SCHOOL GUIDANCE SERVICES GRADES 7-12



PENTUCKET REGIONAL SCHOOL DISTRICT

Groveland
Merrimac
West Newbury

Pentucket ... a culture of continuous learning



The Pentucket Middle and High School Guidance Programs provide activities, interventions, and services that assist students in achieving their maximum personal development, both as individuals and as learners. Guidance and counseling are vital components of the educational process which helps students recognize their need and abilities, and develop strategies to realize their full potential. The primary role of the school counselors is to help all students acquire skills in the educational, personal, and vocational areas necessary for living in a multicultural society. School counselors act as student advocates and work closely with other educators, parents, and community members to provide opportunities for students to develop self-understanding, self-evaluation, and self-direction in order to lead productive and fulfilling lives.



Through individual counseling and group presentations, school counselors help students understand their learning strengths and weaknesses, select appropriate courses, plan for school and life transitions, and meet personal challenges in a responsible, productive manner. Listed below are the competencies that the school counselors foster in students.



LEARNING COMPETENCIES

Students will:

- Understand the school cultures and what is expected in each environment
- Become familiar with the school's curricula and the impact course selection will have on future plans and individual goals
- Learn to set realistic goals and to develop strategies to reach them
- Understand how standardized test results are used and how to interpret them



PERSONAL COMPETENCIES:

Students will:

- Develop an understanding of personal relationships and begin to establish a separate identity
- Take responsibility for personal decisions
- Appreciate one's own capabilities and show respect for differences in others
- Learn how to deal with conflicts appropriately
- Learn to cope with change and plan for the future

CAREER/VOCATIONAL COMPETENCIES

Students will:

- Understand the career exploration process and how to use the available resources
- Form tentative career goals and strategies for attaining them
- Become informed about secondary and post-secondary educational and vocational opportunities
- Understand and implement the high school and/or college application process if relevant



ACTIVITIES OFFERED TO SUPPORT THESE COMPETENCIES:

Middle School:

- Transitional activities with peer leaders and student council
- Field trips to Whittier Regional Vocational/Technical High School and Essex Agricultural High School
- Preparation for interview/application process to secondary schools
- Individual and group counseling with students on an as-needed basis to help address academic, behavioral, and/or social-emotional issues

ACTIVITIES OFFERED TO SUPPORT THESE COMPETENCIES (continued):

High School

- *Making High School Count* assembly for freshmen
- Small group meetings with freshmen as part of the transition process
- Instruction on *My Road* career and college exploration web site for sophomores
- Individual meetings with all students for course selection
- Individual meetings with students on an as-needed basis to help address academic, behavioral, and/or social-emotional issues
- Counseling sessions with adjustment counselor for students in crisis
- Job shadowing program for juniors
- Career training fair for juniors
- Classroom and small group instruction on post-secondary planning for juniors and seniors
- Evening presentations for junior and senior parents regarding college opportunities and the financial aid process
- SAT preparation course for interested juniors
- Ongoing individual meetings with juniors and seniors regarding post-secondary plans
- College fair at Northern Essex Community College for all students
- College mini-fairs at Pentucket High School for seniors
- Northern Essex Community College field trip for seniors



For further information or to speak to a Guidance Counselor, please contact:
 978-363-2957 (Middle School)
 978-363-5507 x 400 (High School)