



# PENTUCKET WALKING CLUB

MRS. MALONEY'S WALKING CLUB IS RETURNING THIS SPRING AND IS GOING TO BE HELD ON TUESDAYS AND THURSDAYS DURING THE SKILLS PERIOD. STUDENTS WHO ARE INTERESTED SHOULD BE COMMITTED AND ABLE TO COME BOTH DAYS EACH WEEK. (ATTENDANCE WILL BE KEPT)

STUDENTS WILL WALK AROUND THE TRACK AT THEIR OWN PACE AND WILL USE PEDOMETERS TO KEEP TRACK OF THEIR PROGRESS.

STUDENTS MAY LISTEN TO SCHOOL APPROPRIATE MUSIC VIA HEADPHONES, I-PODS, ETC...

SNEAKERS ARE REQUIRED.

I GIVE MY SON/DAUGHTER \_\_\_\_\_ PERMISSION TO PARTICIPATE IN THE PENTUCKET WALKING CLUB.

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PARENT/GUARDIAN SIGNATURE

DATE