

Tips for Staying Safe on the Internet

- 1. Keep personal information private** and practice safe internet use. Encourage your child to use the internet in ways that are useful, not destructive. If your child has accounts on various websites (e.g., Facebook, Instagram, Twitter), encourage him/her to keep all information private. You can even model how you protect your own online information.
- 2. Monitor computer/electronic device use-** Keep track of which websites your child visits. If possible, keep your computer in a common room so you know what your child is doing on the internet. Also, encourage your child to put his/her cell phone away before going to bed.
- 3. The Internet Golden Rule-** It is helpful to remind students that what is said online should be respectful. At school, we use the phrase, "If you wouldn't say it in person, don't say it online."

The following websites provide useful information to help keep your children safe online:

<http://www.safekids.com/kids-rules-for-online-safety/>

<http://us.norton.com/kids-safe/article>

<http://www.staysafeonline.org/data-privacy-day/privacy-tips/parents-and-kids>

