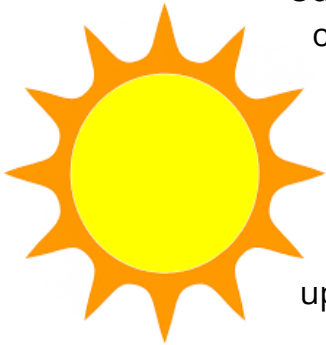


# SAVE \$\$ this Summer!

Shop at Our Neighbors' Table  
for **FREE** groceries each week!

There are no income requirements to shop with us.

**EXTRA Breakfast & Lunch Foods  
June 14th through September 3rd!**



Our Neighbors' Table's Summer Lunch Program was designed to offer families living in our service area access to additional breakfast and lunch foods. We strive to help families feed their active kiddos who are home for summer. There is no need to sign up for our Summer Lunch Program, all registered ONT families qualify.

We have **easy online ordering** and **curbside pick-up systems**. This means that you place your order online or over the phone and make an appointment to pick up your groceries the following day.

For more information visit:

**[www.ourneighborstable.org/getfood](http://www.ourneighborstable.org/getfood)**

There are no income requirements to shop at Our Neighbors' Table, to register with us you simply need to be a resident in one of the towns in our service area (Amesbury, Boxford, Byfield, Georgetown, Groveland, Merrimac, Newbury, Newburyport, Rowley, Salisbury, South Hampton or West Newbury).

If you are not yet a guest of Our Neighbors' Table, go to our website, click "Get Food" and then "New Guest Registration." If you don't have access to the internet or a computer, **DON'T WORRY!** We can register you over the phone. For more information, call us at: **978-388-1907**.

Are you already a guest of Our Neighbors' Table? Then there's **NO NEED** to re-register! Our website has all the information needed to place an order for curbside pickup.

**Grocery curbside pick up is available at the following locations:**

Amesbury: Our Neighbors' Table, 194 Main St., Amesbury  
Wednesday through Saturday (*see website for hours*)

Newburyport: Newburyport Senior Center, 331 High St., Newburyport  
Thursdays 10am—11:30am



[www.ourneighborstable.org](http://www.ourneighborstable.org)