



Welcome to SY 22-23 Food Services!

In the 2022-2023 school year, all students are allowed one free breakfast and one free lunch at school. The Commonwealth of Massachusetts has provided money to do this for one year through the state budget. Second Breakfast or Lunch meals will be charged accordingly. A Breakfast meal consists of: entrée, side, 1 milk and whole or chilled fruit. A Lunch meal consists of: entrée, side, 1 milk, hot or cold vegetable, whole or chilled fruit.

1 milk is provided by the USDA as part of a Breakfast and Lunch meal. Milk purchased in absence of a meal is not free and is 50 cents. Any size Bottled water is NOT free and NOT part of the meal.

Middle School breakfast: 7:10 am – 8:10 am
High School breakfast: 7:10 am -8:10 am

Meals are available to enrolled students at the district only.

Please visit the PRSD website for menu selections and pricing. Please note we try our best every day to serve our menus as posted, however, the continuing supply chain issues has caused us to make changes and adapt as necessary often at the last minute.

Middle school contact: Katrin James (Kitchen Manager) KJames@prsd.org
High school contact: Ellen Mahoney (Kitchen Manager) EMahoney@prsd.org

Snacks & other beverages in school cafeterias are NOT FREE and are sold "A-La-Cart", which means the student needs to have funds in his/her meal account or actual cash to purchase these items. ALL snacks are whole grain, nut-free and USDA approved for schools. Individual snacks range in pricing and are between .50 to \$1.25 each.

For snack and "A-La-Cart" purchases, we encourage you to participate in myschoolbucks.com where you can pay online, monitor your child's spending, and sign up for low balance alerts. You can also put money in your child's account by sending a check or cash to school in an envelope with your child's first and last name on it and the words "lunch" or "cafeteria" on it. **The selling of snacks will be on Fridays and only if time permits.

Each student has his or her own PIN (Personal Identification Number). This number is entered at the cash register. Only that student can use it. Siblings or friends may not make purchases on another's account. Funds in the lunch account may be used ONLY for purchases made in the cafeteria. Children may not take money out of their accounts for school store or any other activity. Even though meals are free, the USDA is requiring ALL students to go through the POS system for breakfast & lunch for claims processing.

Parents have the ability to limit or restrict the purchase of snacks on their child's meal account. Please either download this form, then open, fill out, and email back to the Kitchen Manager -- or print the form, tear off the bottom portion, fill out, and return to school. If the form is not returned, it is implied that there are no restrictions.

.....

Student's Name _____

My child may NOT buy [] snacks [] water [] milk [] fruit [] Ice cream [] other _____ from lunch account.

My child may not spend more than [] .50 [] .75 [] \$1.00 [] \$1.50 [] \$1.75 [] \$2.00 per day from lunch account.

My child may ONLY buy snacks on [] Fridays [] Thursdays [] Wednesdays [] Tuesdays [] Mondays

Notes: We only offer snacks for 1st grade and up. If it is "snack time" in the classroom, and your child does not have a snack or it spills, they will be sent down to the café to purchase a snack.

Signature _____ date_____